

# Blood Pressure Test Results

Avg. Blood Pressure by Age:

40 to 49 125/84

50 to 59 130/86

60 to 69 134/87

**"Normal": 120/80**

NAME: \_\_\_\_\_

| Date | Time | Reading | Date | Time | Reading |
|------|------|---------|------|------|---------|
| 1    |      | /       | 15   |      | /       |
| 2    |      | /       | 16   |      | /       |
| 3    |      | /       | 17   |      | /       |
| 4    |      | /       | 18   |      | /       |
| 5    |      | /       | 19   |      | /       |
| 6    |      | /       | 20   |      | /       |
| 7    |      | /       | 21   |      | /       |
| 8    |      | /       | 22   |      | /       |
| 9    |      | /       | 23   |      | /       |
| 10   |      | /       | 24   |      | /       |
| 11   |      | /       | 25   |      | /       |
| 12   |      | /       | 26   |      | /       |
| 13   |      | /       | 27   |      | /       |
| 14   |      | /       | 28   |      | /       |

| Date | Time | Reading | Date | Time | Reading |
|------|------|---------|------|------|---------|
| 29   |      | /       | 47   |      | /       |
| 30   |      | /       | 48   |      | /       |
| 31   |      | /       | 49   |      | /       |
| 32   |      | /       | 50   |      | /       |
| 33   |      | /       | 51   |      | /       |
| 34   |      | /       | 52   |      | /       |
| 35   |      | /       | 53   |      | /       |
| 36   |      | /       | 54   |      | /       |
| 37   |      | /       | 55   |      | /       |
| 38   |      | /       | 56   |      | /       |
| 39   |      | /       | 57   |      | /       |
| 40   |      | /       | 58   |      | /       |
| 41   |      | /       | 59   |      | /       |
| 42   |      | /       | 60   |      | /       |
| 43   |      | /       | 61   |      | /       |
| 44   |      | /       | 62   |      | /       |
| 45   |      | /       | 63   |      | /       |
| 46   |      | /       | 64   |      | /       |